



***Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.***

## **NEWSLETTER**

**AUGUST 2022**

### **PRESIDENT'S POST**



Happy 'Humid Woodlands' Day. I suppose it is a little better than scorching heat, but after picking a bucket of mushrooms (or toadstools) out of the lawn, I retreated to the cool of the house. Such is the life of an amateur gardener enjoying retirement in Texas.

During the August 18 Board of Directors meeting the board reviewed the roles of its members, all of whom kindly volunteer their services. According to our bylaws, officers of the board serve one-year terms and directors serve two years, Most of our officers—president, vice president, secretary and treasurer--and directors stood for reelection. After a review of board members' responsibilities several changes were made as explained in the article below.

**Kitty Means**, who was a member of the original planning committee and later served on the board for three terms chose not to run for reelection. Kitty is a former journalist and travel writer who was in charge of communications, including the newsletter. While we search for another volunteer to lead communications, I will take on that responsibility. Kitty will help me while I learn the ropes. I would like to thank Kitty for her service, her expertise and her sage advice.

And let me add a big "thank you" to all our wonderful volunteers for making my job as president of Aging in Place-The Woodlands fun and rewarding.

Best wishes,

Robyn

### **BOARD OF DIRECTORS SHUFFLES SOME POSITIONS, ADDS NEW MEMBER**

AIP-TW's board of directors, team leaders, rideshare drivers and other service providers have been busy behind the scenes all summer. At its August 18 meeting the board unanimously approved the reelection of President **Robyn West**, Vice President **Pat Lyons**, and Treasurer **Wendy Lyons**. **Margo Pearson**, team leader for membership, stepped into the position of

board secretary and webmaster. Former Secretary **Tara Sapru**, a practicing attorney, will remain on the board to contribute her expertise on legal and other matters. Current board member **Pat Goodpastor**, will take on the role of membership team leader and call manager coordinator, positions she has previously held.

Other members of the board include **Bruce Cunningham**, AIP-TW cofounder and current leader of the Social Team; **Erika Pratt**, Rideshare Team leader; and **Bob Evans**, who has been tasked with researching ways AIP-TW can affiliate with relevant business and service organizations.

As previously announced, the board is working on an overhaul of our website ([aiptwtx.org](http://aiptwtx.org)) to make it more user friendly and informative, a challenging task to which they have donated many volunteer hours.

### **WE HAVE VOLUNTEER OPPORTUNITIES DESIGNED TO FIT YOUR TIME, TALENTS AND SCHEDULE**



AIP-TW, an all-volunteer organization, has a number of volunteer superstars who generously donate their time and talents. As summer winds down and you begin to think of enjoyable activities to keep you occupied during the fall and winter months, have you considered volunteering for one of our service or administrative teams? It's a great way to initiate friendships that deepen as you get to know other members with similar interests.

Among our particular needs are people to help plan and implement social events and people to answer phones and emails for our virtual office. You only need to donate a few hours of your time each week and we can work around your travel schedule and other times you are unavailable. For information on these and other volunteer opportunities, please call 281-845-4441 to speak with a call manager or email [aiptwtx@gmail.com](mailto:aiptwtx@gmail.com).

### **SURVEY RESPONDENTS WANT TO BE ENGAGED IN SOCIAL EVENTS AND PROVIDE SERVICES**

The results of our recent survey are still being summarized, but a preliminary review confirms that we are a caring group that wants to make life easier and more fulfilling for all of us as we grow older. Respondents say they are interested in getting together for coffee, brunch or lunch, visits to museums, plays, art tours and other cultural events. Several are willing to pitch in to provide services such as minor home repairs, assist with electronics, light housekeeping, grocery shopping, in-home visits and check-in calls.

Other services have been suggested and will be reviewed by the board and team leaders for possible implementation. One suggestion is to provide a support person to accompany someone to medical appointments to take notes in addition to providing transportation. Some would like to see more opportunities for group exercise such as tai chi, senior exercise or pickleball. A few are willing to help with light gardening chores.

Members who responded to the survey before August 15 were eligible to win one of two \$50 Visa gift cards in a random drawing. The lucky winners were **Grace Hernandez** and **Erika Pratt**.

Again, we thank everyone for their candid and helpful input as AIP-TW plans its future direction.

*“If you cannot do great things, do small things in a great way.” ~*

**Napoleon Hill**

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