



Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.

NEWSLETTER

February 2023

Presidents Post

Dear Members

Hopefully everyone made it through the 'freeze' this year without broken pipes this time. My garden was 'nuked', but just like decluttering the house, it has given me an opportunity to rethink how I want to create a pleasant but less labor intensive garden. As we age, the physical strength to do the garden work I once enjoyed seems to be deserting me. The yard crews 'mow and blow' but generally, they are not gardeners.

Our Board Member, Bob Evans has been investigating the community resources that we can use, at no or little cost. We found, for example, that Rotary has a team focused on senior assistance, as does Interfaith. While the people donating their labor probably aren't gardeners, they can be directed and coached to do some volunteer labor in the garden. Just might be time to try this community resource.

Don't forget that with Spring around the corner, one of our members, Kristie Miller has offered to host walking groups. We can arrange transportation so those of you who don't drive, can easily join the team. I keep reading that exercise and keeping connected socially, are two essential elements for healthy aging. How privileged we are to have such beautiful walking tracks and parks in The Woodlands. Before the brutal heat of summer, let's get out and 'smell the roses'or pine trees.

Have a great month and enjoy the fun of St Valentine's Day.

Best Wishes
Robyn



February Social

What: Indian Dance Performance

When: February 11, 2023 4PM – 6PM

Where: Hindu Temple on The Woodlands Parkway

Don't let the lack of transportation stop you from coming. Request a ride by calling our Call Managers at Aging in Place 281-845-4441.





JEWELS OF INDIAN MUSIC

11th February, 4PM - 6PM
At the Hindu Temple of the Woodlands

The sacred poetry of famous composers from the past, beautifully translated into dance. Performances by eminent dancers Dr. Surabhi Veeraraghavan, Dr Geeta Vipulanandan, Latha Subramanian and Riya Ray Kaushik, along with talented dancers from Woodlands Dance schools.

SAVE THE DATE! NO TICKETS NEEDED!

GRAND SPONSOR - \$1001; EVENT SPONSOR - \$501, \$101, \$51

Remember to Update your Member Profile!

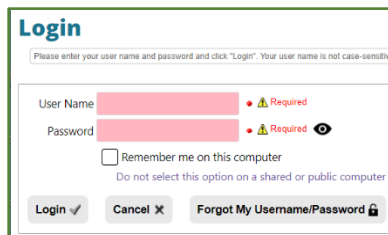
To accomplish this member profile update, please complete the renewal process.

You should have received an email about your renewal in January. Please click on the link in the email and follow the instructions. If you don't have the email, call Aging in Place if you have any questions – 281-845-4441.

Our AIP Call Managers will assist members who need help with their membership renewal and profile update. We will also call those members who do not have access to a computer and complete the renewal process with them.

If you have recently renewed your membership, you will not get a renewal email message. Please go to the website, log in and update your profile.

- As you go through the renewal process, you'll update your: Interests, Services to receive or provide, and your emergency contact information.
- You will also be asked to accept a new Joining Agreement which contains the legal liability and other releases that are required by our insurance company and other necessary issues for our safe and productive operation.
- If you are a rider, your mobility information and other helpful information can now be updated in your profile.
- Volunteers will be notified of their current Background Check status so that they only renew their Background Checks if those are also expiring.
- If you are a driver, your car, insurance, and driver's license information can now be updated in your profile.

A screenshot of a web login form. At the top, it says "Login" in blue. Below that, a small instruction reads: "Please enter your user name and password and click 'Login'. Your user name is not case-sensitive". There are two input fields: "User Name" and "Password", both with red "Required" error messages. Below the password field is a checkbox for "Remember me on this computer" with a warning: "Do not select this option on a shared or public computer". At the bottom are three buttons: "Login" with a checkmark, "Cancel" with an X, and "Forgot My Username/Password" with a padlock icon.

If you haven't logged in recently, use the Forget my Username / Password option to have your Username and a new password automatically sent to you.

"All you need is love. But a little chocolate now and then
doesn't hurt."
— Charles M. Schulz



Social Committee Needed

We have a great community of Aging in Place members here in The Woodlands. Very dedicated and generous members have volunteered their time for quite some time. However, we would like to encourage more people to give a little of their time to help including to help with our social events.

Please send Robyn West an email (aiptwtx@gmail.com) if you are interested in this role and learning more about what it entails.



Cunningham Brunch 5/13/22

Reinhold Goodbye October 2022 Social at Erika's Home



Rob Fleming Park Social 12/14/2022

Events

Rice University Community Learning

Learning in community is more important than ever, to sustain ourselves personally and collectively. OpenRICE is a free, online series designed to share the expertise of Rice University faculty and other experts on a wide array of timely topics. <https://openrice.rice.edu/personal>

Nurturing our minds, fostering insight and understanding, promoting connection, creativity, meaning, and emotional and physical well-being. Often, it's not the "why," but the "when" that keeps us from making time for learning. To make the most of your time, the Glasscock School's Community Learning and Engagement department offers a selection of short, on-demand classes that can be enjoyed when it works best for you.

<https://glasscock.rice.edu/cle-on-demand>

Midweek Medley Rice University faculty and other experts provide insights on topics ranging from the evolution of the symphony to space exploration in the 21st century, with a different subject for each lecture.

The Woodlands Farmers Market

Every Saturday

Located in the Grogan's Mill Shopping Center, The Woodlands Farmers Market is home to vendors offering locally grown produce, grass fed beef, Texas handmade artisan cheeses, goat cheese, sustainably cultivated coffee, local honey, breads & pastries, no sugar-added baked goods, prepared tamales, Indian cuisine & Mediterranean food, gluten-free options, and seasonal products. The market is open every Saturday from 9:00 a.m. to 1:00 pm, rain or shine.

<https://www.grogansmill.org/fmabout>

Glade Cultural Center

Every Day

Glade Cultural Center provides a unique and accessible fine arts experience with a hosted fine art gallery and antiquities. Curated museum-like exhibits showcasing local and international artists with acclaimed private and public art collections along with non-profit programs delivered by the Glade Arts Foundation a (501(c)(3) focused on art education, scholarships and community based public art projects.

<https://www.gladeculturalcenter.com/>



Love means nothing in tennis, but it's everything in life.
Anonymous



**Our Village is a
Proud Member of
the Village to Village
Network**

Visit us on Facebook at <http://www.facebook.com/groups/aipw> or visit our website:
<https://aipwtx.clubexpress.com>.

Happy Valentine's Day!

