

Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.

May 2023

President's Post

Dear Members,

It is amazing how much information we have today but how hard it is to find it in one easily accessible place, and then have some way of vetting it. Our Board Member, Bob Evans, has been working to list available resources for seniors in The Woodlands area. We posted this information on our website as a quick reference guide. The organizations are not vetted by us as we do not have the volunteers to do that work (not yet anyway). See Community Resources on our home page at http://aiptw.org

Maybe the best thing we can do to help one another with local resources, is to submit our positive experiences with local companies to AIP (<u>aiptwtx@gmail.com</u>). Margo will post the information in the Members Only Community Resources section of the website. That way we can quickly learn who has provided good services to fellow members. Let's not turn this section turn into a complaints or venting section. I think there is enough of that in the Nextdoor App. 😊

Transportation and monthly socials continue to be the main services requested by our members. To keep our transportation working smoothly, we do need to attract more volunteers to manage the calls and the rides. Erika and Pat Goodpastor are very experienced with these systems and processes and will gladly give volunteers individual coaching on how this simple service operates.

- To be a Call Manager, all that's need is to be able answer calls, enter requests and responses into our system, and provide information as needed.
- To be a driver, all that's needed is a safe car, a solid driving record and time to do the rides. I usually split the rides with my husband. I do one way and he does the return journey. That gives me more time in my day and the one-way trip is manageable for me.

Every member can play an important role in helping our organization. Please give volunteering some thought. You may also have friends and family who could be open to volunteering. Help us spread the word.

Enjoy this Spring weather, which reminds me somewhat of New Zealand – four seasons in one week.

Best wishes Robyn

AIP Board Meeting – Thursday, May 18 from 3 – 5 pm at Villa Sports. Everyone is welcome. Please RSVP to 281-845-4441 for more information.

May Social

AIP will have 15 reserved seats for the Ballet at the Pavilion on Friday May 5. Tickets are free. The seats are on the mezzanine level of the Pavilion in a section labeled Aging in Place. Gates open at 7 p.m. for the 8 p.m. performance.

Please RSVP to Bruce at 281-686-7979 or bruce.cunningham@gmail.com by Wednesday, May 3 so we will know how many people to expect. Call AIP (281-845-4441) for more information. If you need a ride, please let us know.

We will be attending Houston Ballet's performance of George Balanchine's Jewels, The ballet is three distinct works creating a unified evening of dance. For more information, here's a link to the May 5 Ballet - <u>https://www.woodlandscenter.org/ballet-jewels-2023</u>

Summer Socials

AIP will have 15 reserved seats for concerts at the Pavilion in June and July.

- June 14 Symphonic Tribute to Elvis by the Houston Symphony
 - o https://www.woodlandscenter.org/events/2023/performing-arts/hso-elvis
- July 20 Cirque de la Symphonie by the Houston Symphony
 - o <u>https://www.woodlandscenter.org/events/2023/performing-arts/hso-cirque</u>

There will be more information in the June newsletter or call AIP at 281-845-4441.

April Social – The Wheel Kitchen

Our members enjoyed a visit to the Wheel Kitchen Restaurant for lunch as our April Social.









In 'Do Me a Favor' Scams, a Criminal Pretends to Be Your Pal (From AARP)

This increasingly common scam involves impostors claiming to be friends who need help buying gift cards. Aging In Place got a first-hand look at this scam as Call Manager, Margo explains.

"As Call Manager on Apr 13, when I got the first email below, I wanted to help our member as that's what we do. But when I got the response, I knew it was a scam that I had read about. And I was sure our member wouldn't ask for a favor in such a strange way. I alerted other people I knew corresponded with her so they could be wary of any messages from her."

Re: Urgent matter > Inbox ×		0	Ø	
Hello, How are you? Sorry to bother you, but I'm getting in touch to a	Thu, Apr 13, 10:16 AM			☆
Aging In Place The Woodlands Hill, What do you need? Margo Call Manager	Thu, Apr 13, 10:25 AM			☆
to me +	Thu, Apr 13, 10:30 AM	☆	¢	:
Hi Margo,				

I am glad you are doing well and keeping safe. I am sorry to bother you; I'm unavailable over the phone and am only here with my iPad. I need to get an Apple gift card for a cancer patient. It's her birthday. I promised her a gift card, but I can't do this now because I'm traveling for a week to Bainbridge Island. Can you get it from any store around you? I'll pay you back as soon as possible. Kindly let me know if you can handle this, so I can tell you the amount and how to get it to me.

Thanks,

From AARP: How to avoid this scam

Don't trust. Verify the sender's email address. If you receive a request for a favor from a faith leader, Harris suggests calling your house of worship to either verify that the request is legitimate or make officials aware of the scam so they can warn other members not to respond.

Be careful with social media. Make sure your privacy settings on Facebook and other platforms allow only people in your network to see your content. Otherwise, criminals can find out who your family members and friends are, as well as personal information that will help them perpetrate their scam.

Beware of anyone asking you to buy gift cards. "One hundred percent assume that no one is ever going to ask you to buy them gift cards via text or email," Amy Nofziger says. "If anyone needs a favor from you, they need to pick up the phone and call you."

Learn more about avoiding scams from AARP. https://www.aarp.org/money/scams-fraud/

Resources That You Can Use

NOTE: These are services provided by other organizations which may be helpful. The information and references to any service or provider shared in this section is for informational purposes only and is not an endorsement or recommendation or implies any vetting by AIP-TW of that service or provider. Any errors, updates, suggestions, please call us at 281-845-4441.

PERSONAL SUPPORT:

- Maxim at Home 844-624-5646 (Maxim does serve Montgomery County) <u>https://www.maximathome.com/</u>
 - Provides a companion who offers light housekeeping, companionship (including respite), transportation to appointments, shopping, etc. No hands-on care.
 - Bios of each companion are online; client can interview companion by scheduling a 1 hr service.
 - Minimum of 1 hour (up to 24 hours); will accept last minute or scheduled service; client can choose which companion comes to their home.
 - Cost: \$28/hr (M-F, 6am to 6pm); \$35/hr (evenings & weekends); \$1/mile for transportation.
 - Vetting:
 - Companions are employees of Maxim at Home; covered by insurance & workman's comp. Both background & motor vehicle information are checked.
 - Behavioral interview by Maxim prior to hiring.
- Seniors Helping Seniors 610-898-0090 (Main) / 346-808-7675 (The Woodlands) <u>https://homecaretomball.com/</u>
 - Provides a companion who offers light housekeeping, companionship (including respite), transportation to appointments, shopping, meal prep and clean-up, etc. Also provides personal care hands-on services such as bathing, toileting, changing clothes, etc and support while caregiver is on vacation.
 - Multiple types of services provided at different costs:
 - Transportation Service concierge service from inside the home into the office or shop; minimum of 3 hours (\$80 plus mileage for 3 hours)
 - Companionship, light housekeeping, etc minimum 9 hours per week (\$256 / week)
 - Vetting:
 - Companions are employees of Seniors Helping Seniors; covered by insurance & workman's comp. Criminal and State background checks

Mother's Day



"There's no way to be a perfect mother and a million ways to be a good one." —Jill Churchill, American writer



Events

Spring Fine Arts Show at Market Street

Free and open to the public, the Spring Fine Arts Show at Market Street is one of the most popular gatherings for artists in The Woodlands, where families can browse for great buys, enjoy live music and participate in artist demonstrations. Professional and amateur artists will display paintings, photography, metalworks, sculptures, pottery, and more at this one-day art show.

Dates: May 13, 2023 10:00 AM to 7:00 PM https://shopatmarketstreet.com/events/spring-fine-arts-show-2023/

Celebrate Earth Day with The Woodlands Township!

Enjoy live entertainment, games and meet local organizations that celebrate Earth Day, every day, in our community.

Visit interactive displays featuring local wildlife, protecting our waterways, recycling right, going green in your own home, and much more! People who are inspired to live Earth Day year-round can connect with local organizations who need volunteers to support these great causes.

Date: May 13, 2023 10:00 AM - 1:00 PM Location: Northshore Park

Memorial Day at Town Green Park

Celebrate the official start of summer in The Woodlands. This Sunday event pays tribute to all military servicemen and women who lost their lives while serving in the United States military.

Featuring live music, children's activities, and a dazzling fireworks display, Memorial Day at Town Green Park is where you'll what to be.

Dates: May 28, 2023 5:00 PM to 9:00 PM https://www.visitthewoodlands.com/events/patriotic/memorial-day/



April showers bring May flowers.





Our Village is a Proud Member of the Village to Village Network

Visit us on Facebook at http://www.facebook.com/groups/aiptw or visit our website: https://aiptwtx.clubexpress.com.