

***Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.***

**October 2023**

## **President's Post**

Hi Members,

With a slight drop in temperatures again in the last few weeks, a bike ride or walk outside has become a little more pleasant in the early morning. Fall has officially begun, I believe.

We held our September Board meeting at Villa Sports, which was a good reminder for me to get to some strength building and cardio workout classes. Maybe I will start with ... one 😊. As the aging process throws challenges our way, remaining physically active and fit certainly improves one's quality of life.

At the Board Meeting, we discussed where to focus our attention and efforts in the coming year. We know that our philosophy as an organization of 'neighbors helping neighbors' is even more relevant today. Our members now do have choices for services, like transportation, where previously there weren't any. Even though we are blessed with a growing range of services in the area, some of those services are limited and social activities are always nicer with friends and neighbors.

One of the decisions at the meeting was to line up our Board and Officer elections with the calendar year. In January, we will hold the elections and our Annual General Meeting for all members. This will give our members the opportunity to participate in crafting the direction of the organization and to vote for the members who will generously volunteer their time to organizing our services and infrastructure.

Over the last year, our Board Member Bob Evans has kindly created a list of organizations whose services could be beneficial. These organizations are listed on our website homepage under Community Resources for fast and efficient access to them. We will continue to research more services and offerings that are useful to our members. Do let us know if this list is useful for you. We're eager to hear from you. Just call or email AIP-TW.

We look forward to hearing from you and continuing to keep our membership as relevant to y'all as when Bruce Cunningham and Ken Dorland put their heads together to solve the challenge of transportation and neighborly support.

Best Wishes,  
Robyn West

## Getting to Know You

Now the question for September – our last question in this series.



How long have you lived in The Woodlands?

**Pat Goodpastor has lived here since 1977! She's seen a lot of changes from forest to metropolis. Another member moved here in 1983 followed by our next three people in 1988. 1992 saw another member, then two in 1995 and one in 1996 and 1997. Three more people have lived here almost 20 years – 2000, 2004 and 2005. These thirteen people and the other AIP members have contributed to the amazing growth of The Woodlands.**

Approximate Population	1980	1990	2000	2010	2020
	8,500	30,000	55,000	100,000	116,000

## History of the Woodlands

In October, The Woodlands will start a yearlong celebration of the 50<sup>th</sup> anniversary of its founding, so this is a good time to look back at its history. Some of us have lived here through quite a bit of the history. Here are highlights from 1960s through the 1990s.”

The Woodlands was conceived after the oil industry investor George P. Mitchell attended a symposium by the American City Corporation and developer of Columbia, Maryland, on how to develop new towns using the HUD Title VII program. George Mitchell, an oil businessman, wanted a place where people could live and work. Mitchell planned to establish a conference center, hotels, office parks, retail malls, schools, large distribution centers, and golf courses.

The Houston Chronicle interviewed George Mitchell in 2003. He talked about how he was convinced that sustainability is one of the most important issues of the 21st century. He tried to explain it by asking: "If we can't make the world work now, with 6 billion people, how are we going to do it when there will be 9.5 billion?"

In 1964, Mitchell Energy and Development Corporation, purchased 50,000 acres of forested land north and west of Houston from the Grogan-Cochran Lumber Co. The land was previously occupied by the Grogan-Cochran Lumber Mill, resulting in the names of the villages - Grogan's Mill and Cochran's Crossing. The original planning utilized many of the planning concepts and design consultants employed in other well-regarded new communities of that era such as Columbia, Maryland; Irvine Ranch, California; and Reston, Virginia. The funding was initially from HUD through their New Community Development programs.

The Woodlands was dedicated by George P. Mitchell in 1974 and managed by The Woodlands Corporation as an extension of Mitchell Energy & Development. The first village, Grogan's Mill, was established in 1974. At that time, The Woodlands signed a ten-year contract to host the PGA Houston Open which continued until 2002.



Timberloch and Grogan's Mill Drive 1974

In 1976, the second village was launched - Panther Creek. And in 1983, the Village of Cochran's Crossing and the Village of Alden Bridge both were established. In 1984, the Village of Indian Springs opened. In 1985, the Woodlands Hospital opened, and Lake Woodlands was excavated and filled with water.

The Cynthia Woods Mitchell Pavilion was constructed in 1990 with performances that year by Frank Sinatra and the Houston Symphony among others. Construction of the Mall started in 1993 with a formal announcement of the Town Center which grew to include office towers, residential living shops and restaurants. Market Street opened in 2004.



The Dragon in Lake Woodlands 1985

The villages of College Park (1995), Sterling Ridge (2000), and Creekside (2007) completed the total of eight villages.



Do you remember this model in the Information Center? Margo found her house in the model in 1989.

Here is an article with more details of our history.

<https://houstonhistorymagazine.org/wp-content/uploads/2016/07/The-Woodlands.pdf>



"Anyone could see that the wind was a special wind this night, and the darkness took on a special feel because it was All Hallows' Eve."  
Ray Bradbury

## Happy October Birthday!



Glenda Walker

Richard Taylor

William Ward

Gloria Moser

## AIP-TW General Meeting

Save the date – Jan 11, 2024

AIP -TW will have a General Meeting for all members on Jan 11. We will talk about organization goals and elect Board Members and Officers.

Hors d'oeuvres reception will follow.  
More details to come.

## October Social

Our October Social will be at President Robyn West's home in the Panther Creek Village. A lunch buffet will be provided on October 18 starting at 11:30.

AIP-TW socials are open to all members and you're welcome to bring your friends.

Please RSVP to AIP at 281-845-4441 or email to [Aiptwtx@gmail.com](mailto:Aiptwtx@gmail.com) for more details. **Let us know when you RSVP if you need a ride.**

## September Social Recap

### Lunch at Rob Fleming Park in Creekside Village - Wednesday, Sept 20

Twenty people enjoyed the lunch at the park. Besides the pizza, attendees brought tasty deviled eggs, two kinds of salads, brownies and a wonderful berry cobbler. While it was very warm, there was a nice breeze from the small lake.



Attendees enjoyed good conversations and got to know more of the members.



Enjoy !!!! Deviled Eggs by Mary

#### INGREDIENTS

Eggs - one dozen  
Mayonnaise - to your liking  
Sweet Pickle Relish - to your taste  
Curry Powder - as much as you like  
Salt - depends on your blood pressure  
Pepper - as desired  
Paprika - a dusting on top



Hard boil eggs - let cool - shell eggs - slice eggs longwise - scoop out egg yolks and place in a bowl.  
If you have a nifty deviled egg tray, place empty egg whites in trays.  
Mix egg yolks and all other ingredients, tasting as you go.

When the mixture is moist and seasoned as desired scoop a small amount into each egg white in the fancy deviled egg tray. Sprinkle each egg with a scant amount of paprika.



*Charlie Brown: The secret of happiness is having three things to look forward to and nothing to dread.*

## Events / Activities – October

### Creeside Park West Fall Festival

Saturday, October 7 from 11am to 3pm

It's Fall Y'all, let's celebrate! Join us at the Creekside Park West Fall Festival and FREE Pumpkin Patch Event on Saturday, October 7 from 11am to 3pm at Creekside Park West. Learn more at <https://bit.ly/CSPFallFest> Enjoy a Pumpkin Patch, Live DJ, Rock Climbing Wall, Family Games, and more! One Free Pumpkin Per Family! (While supplies last.) Creekside Park West is located at 26543 Kuykendahl Road, The Woodlands, TX 77375

### Wine Walk at Market Street

October 5, 2023 6:00 PM to 9:00 PM

This event is an annual favorite, where three blocks of Market Street are filled with a variety of culinary creations, wine displays with industry experts, craft beers, live music, and incredible wine experiences. More than 50 beverage and 30+ culinary offerings from area restaurants, chefs, and caterers will be at this event. Bring your thirst as tasting stations will offer choices from over 300+ beverages. \$75 General Admission

### Live on the Lawn – Sarah Kelly Music School

Every Friday in October 6:30 – 8pm

Enjoy live music on the lawn at Central Park in Market Street with Sarah Kelly Music School from 6:30 pm - 8 pm, on Friday nights. Blankets and lawn chairs welcome. Market Street - 9595 Six Pines Drive

### Hocus Pocus Pops - Houston Symphony

10/20/2023 Gates at 6:00 PM, Show at 07:30 PM

Get ready for The Pavilion's spookiest night of the year! Around here, Hocus Pocus Pops might be an even bigger deal than Halloween itself! There's all the trick-or-treating and kiddos in costumes and ghastly guys and ghouls...plus the haunting Houston Symphony in all its sinister splendor.

Expect creepy classics like character pictures, the Halloween Express and, of course, the Goblin Parade to make their return. We'll also have some scary surprises in store just for you and your family!



"Believe nothing you hear, and only one half that you see." Edgar Allan Poe

## Resources You Can Use

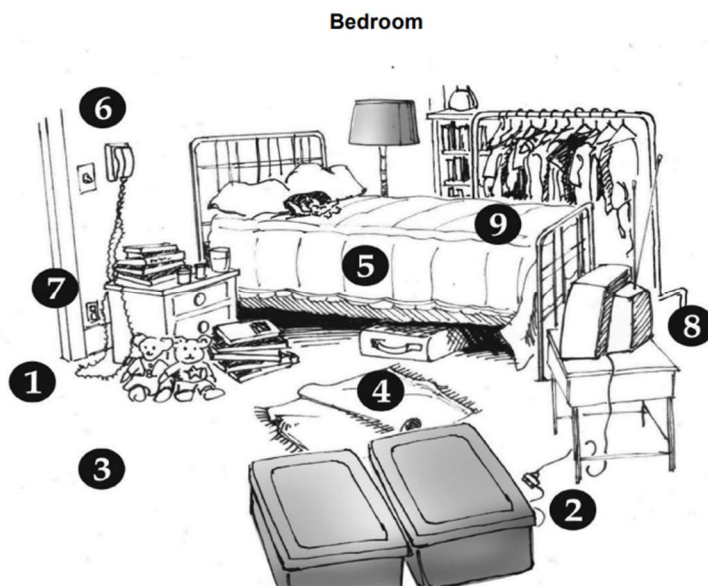
The resources, here and on our website, are services provided by other organizations which may be helpful. The information and references to any service or provider shared in this section are for informational purposes only and are not an endorsement or recommendation and do not imply any vetting by AIP-TW of that service or provider. Any errors, updates, suggestions, please call us at 281-845-4441.

We've added a Home Safety Assessment Tool. To see the Assessment Tool, go to our homepage, click on Community Resources, scroll to and open Home - Minor Repairs / Safety Modifications. Click here for the complete Tool - <https://aiptwt.clubexpress.com/docs.ashx?id=1224253>

Here's a sample page from the Tool.

### Solutions for Problems in a Bedroom

1. Eliminate clutter on floor surfaces by placing items on shelves or storage. Consider donating or throwing out the items you no longer use.
2. Run your cords behind furnishings. Use extension cords to accomplish this. Rearrange items that must be plugged in to areas near an outlet.
3. Have carpet stretched or removed to eliminate wrinkles or bumps.
4. Remove all scatter and throw rugs or use a double-sided rug tape or a rug pad to secure the rug to the floor.
5. Height of bed - Too low (your knees are above the hips when sitting at the edge of the bed) : Use bed risers below bed legs to raise height. Too high (your legs do not touch the floor when sitting at the edge of the bed): Remove bed frame or use a lower profile mattress or box spring.
6. Place a cordless type or cell phone next to your bed at night or during naps. Use a remote control for TV and VCR.
7. Place at least two nightlights in the bedroom to illuminate the room at night. Add additional nightlights along the hall or path to the bathroom. Also add one nightlight in the bathroom.
8. Arrangement that causes difficulty to reach commonly used items such as a TV remote, medications, lamp, glasses, magnifier, etc. at night. Place these items on your bedside table. If you don't have a table, you may put a rolling cart or shelving unit next to the bed.
9. Purchase a half bedrail or a bed cane that can slide between mattress and box spring if you need help getting out of bed.





Live like someone left the gate open.



**Our Village is a Proud  
Member of the Village to  
Village Network**

<https://www.vtvnetwork.org/>

**Visit us:**

Facebook at <http://www.facebook.com/groups/aiptw>

Our website: <https://aiptwtx.clubexpress.com>

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