



Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.

NEWSLETTER

APRIL 2019

PRESIDENT'S POST



I have been a nurse for 35 years and have worked in many different roles over the years. It's interesting to reflect on each stage of my career and consider the various interactions I had with my patients and their families. The experiences have been nothing short of amazing. There is nothing easy about being a nurse. The days and nights are busy and fast-paced, the work is physically and emotionally challenging, and our intellectual and technical skills must always be top notch. However, at the end of every day at the job I always went home feeling grateful for the opportunity to serve others in their times of most need

and thankful for the good health I was blessed with.

There is also another very consistent, positive response I had about my patients throughout my career. I've always been extremely impressed by their perseverance, faith, courage and hope to overcome whatever it was that brought them to our healthcare organizations. These people inspire me and add value to life that is immeasurable.

Now, here I am now 35 years into my nursing profession and I am working with a different patient population that is exceeding my prior levels of awe and inspiration. All of my patients have cancer. I imagine most people shudder at the thought of cancer and rightfully so. It's a very scary thing. However, these patients and families along with their healthcare team go to battle every day to beat the disease. No fight could be more worthy of the combined efforts by all.

So, what I really want to convey in this message is what I've learned from my patients- try to remain *hopeful* throughout your life's journey. There's no getting around the tribulations in life and maybe even more so during our senior years. However, there are always people and things to be grateful and thankful for. As you lay your head upon your pillow each night, think of three things you are thankful for. I bet the next day you wake up feeling more hopeful.

Best wishes,
Peggy Reinhold - President, AIP-TW

PICNIC IN MARKET STREET PARK IS APRIL 17



Members are invited to bring friends and neighbors to an outdoor picnic at the newly renovated park in Market Square on Wednesday, April 17, 11:30 a.m. to 1:30 p.m. We can pretend it is April in Paris while enjoying freshly baked breads and pastries or handcrafted soups, salads and pastas ordered from Levure Bakery located on the edge of the park at

9595 Six Pines Drive, Suite 670. You can check out the menu on their website: www.levurebakery.com. We will gather at covered tables in the park.

Please RSVP no later than April 16 to Aging in Place by calling 281-845-4441 or email aiptwtx@gmail.com. Let us know if you need transportation.

UPCOMING EVENTS

April 17, Wednesday, 11:30 a.m. – 1:30 p.m. Picnic at Market Street Park. (See details above.)

May 4, Saturday, 8:30 a.m. – 3:00 p.m. Interfaith of The Woodlands Caregivers Conference, Christ Church United Methodist, 6363 Research Forest Drive.

Free skill-building and informative workshops for family members caring for a loved one. For more information, visit <https://woodlandsinterfaith.org/event/caregivers-conference-2/>

May 15, Wednesday, Coffee and Conversation in a private home. Details to come.

May 21, Tuesday, 5:00 p.m. AIP-TW Board of Directors quarterly meeting at South County Library. Members are welcome to attend, but space is limited so please make a reservation by calling 281-845-4441 or email aiptwtx@gmail.com.

If you are interested in serving on the board or chairing a committee this is an opportunity to learn more about our administrative procedures, goals and needs.

MEMBERS AND GUESTS ENJOY LIVELY CONVERSATIONS AT MONTHLY SOCIAL



Okay, take the quiz. How many different conversations can you count in this photo taken at our March social? And this is just a few of the members who met for lunch at Johnny's Italian Steakhouse. It appears we all relish good food, good company and lively table talk.

Happy
Easter