



***Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.***

## NEWSLETTER

NOVEMBER 2019

### **PRESIDENT'S POST**



My guess is this is a favorite time of the year for many of you. The weather is cool, some trees sport pretty golden and red leaves, and we get to celebrate Thanksgiving. It's definitely a season of change; but also a time to reflect on things and people we are thankful for.

I want to share with you that my mother died on October 25<sup>th</sup> surrounded by her children and husband of 67 years. It was a peaceful death and we were thankful we could be with Mom as she transitioned from this life to the next. As I've said to others, Mom left nothing on the table. She lived an extremely full and good life. Though I miss her terribly I have many wonderful memories that will

keep her spirit alive in my heart and soul.

I am very thankful for our members at AIP-TW. I appreciate their spirit and can-do attitude. There are challenges inherent in the aging process such as losing our ability to perform functions like driving and maintaining a home. There are also emotional hurdles to overcome as we lose friends and family to death in addition to the difficulty in making new friends.

I am also thankful for our volunteers at AIP-TW. What really warms my heart with our volunteers is how they embrace the mission of our organization. Yes, I greatly appreciate their time and efforts to help our members, but it's neat knowing they value and respect people at this later stage in their lives. Our caring community could not function without such compassionate volunteers.

I recently read an article about an 11-year-old girl, Ruby, who noticed that elderly residents in a nursing home often did not have money to buy small luxuries for themselves. She started asking the residents what three things they most wanted in the world. Surprisingly, it was things like a chocolate bar, pants that fit well or McDonald's French fries.

Ruby and her mother started buying these wish list items for the residents. Before long news of their good deeds went “viral” and with the many donations received they started a non-profit organization. When asked about her success, Ruby stated, “I consider kindness to be my hobby and I’m very good at it.”

Way to go Ruby! I’m thankful for you and all our folks at AIP-TW who share your altruistic hobby.

Peggy Reinhold

President, AIP-TW

### MEMBERS SEE AIP-TW BOARD IN ACTION AT ANNUAL MEETING



From the opening approval of the minutes of the previous board meeting to the final “meeting is adjourned,” members got a behind-the-scenes look at the work that goes into managing an all-volunteer organization. Though the weather was damp and turning bitterly cold outside, the warmth in the cozy private room at La Cocina de Roberto was palpable. Many expressed their gratitude for how Aging in Place – The Woodlands has



been a positive influence in their lives. The food was delicious, and the conversation lively as new friendships were made, and old ones renewed.

Board meetings are always open to members, but the annual meeting is a special event to which all members are encouraged to attend.





## HOLIDAY LUNCHEON IS SATURDAY, DEC. 14 AT PALMER CLUBHOUSE



Members and their guests are invited to celebrate the holiday season at our December luncheon in the Woodlands Country Club's Palmer Clubhouse in Cochran's Crossing, 100 Grand Fairway Drive, on Dec. 14, 11:30 a.m. Details will be emailed to your inbox closer to the date

## MARK YOUR CALENDARS FOR CHRISTMAS MUSICAL ON SUNDAY, DEC. 22

Theater buffs are invited to bring your friends and neighbors to enjoy an afternoon of musical theater right here in The Woodlands on Sunday, Dec. 22 at 2:30 p.m. "A Christmas Story: The Musical" will be presented by acclaimed Class Act Productions at Stonebridge Church, 1 Stonebridge Drive, The Woodlands, 77382.

Set in the 1940s, a decade many of us remember, it is a holiday classic that follows the story of 9-year-old Ralphie Parker who has his heart set on receiving a Red Ryder BB gun for Christmas despite his parents' misgivings over fear that it could cause an accident. Nostalgia and light-hearted entertainment will ramp up your Christmas spirit.

Peggy Reinhold, our president, is organizing the event so call or email her for reservations or more information. Phone: 281-845-4441. Email: [aiptwtx@gmail.com](mailto:aiptwtx@gmail.com). Tickets are \$15 each. Rides will be provided for those who need them.



## UPCOMING EVENTS

**November 23, Saturday, 8 a.m. – noon, The Woodlands Farmer's Market.** AIP-TW volunteers will be greeting shoppers and handing out brochures on how to become a member or volunteer. Bring a potential member and stop by our booth to say "hi" while you browse fresh, local produce, artisan cheeses, olive oil, eggs, organic meats, prepared foods, natural soaps and more. Aging in Place – The Woodlands was founded by Bruce Cunningham, former president of

Grogan's Mill Village Association, which has been a generous financial contributor since our inception. The Market is located at 7 Switchbud Place in the Grogan's Mill shopping center.

**December 14, Saturday, 11:30 a.m. is our annual holiday luncheon at The Woodlands Country Club Palmer Clubhouse.** Look for details in you email inbox closer to the date.

**December 22, Sunday, 2:30 p.m. members and guests are invited to join President Peggy Reinhold and her husband, Herb, for an afternoon of musical theater.** See details above.

*"Happiness is a state of mind. You can be happy with what you have or miserable with what you don't have. You decide."* Dr. Lou Tedone, Age 92, San Luis Obispo, CA



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