

Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.

NEWSLETTER

DECEMBER 2019

PRESIDENT'S POST



'Tis the season to be merry! As you will read below we have two planned social events this month and a few other suggested activities. I hope you can join us at one or both of our social events. You are welcome to bring a friend or neighbor. Just give us a call or send an email. I always enjoy seeing you and catching up!

We have been very pleased with the growth in attendance at our social events over the past two years. Because we are a "caring community" at AIP-TW we are not only interested in helping our members with transportation, technical assistance and small home repairs, but also we want our members to be engaged and active.

We understand that as we age there are various reasons we could become socially isolated. Likewise,

we know being socially connected to others enhances our quality of life and actually increases our longevity. So, it is important to our mission at AIP-TW to help our members stay engaged by offering ongoing social activities.

As I mentioned last month, my mother died at the end of October. My siblings and I sorely miss Mom especially at this time of year, but it is our father who we're really concerned about. He has lost his soulmate of 67 years and all but two of their longtime friends have died and those two live in New Jersey while Dad lives in Florida. Dad has no contemporaries to visit with and oddly enough there are no "Villages" such as ours near him in Florida.

My father will be 98 in February and he is in good shape physically and mentally, but we really didn't want him living alone. There are safety and social isolation concerns. We are fortunate that a few of my brothers live nearby and can check in on Dad, but he needs someone to prepare meals, help with tasks around the house and keep him company. Our solution was to hire a team of caregivers who stay at the house 24/7. We know it is okay for dad to grieve after the death of Mom, but we don't want him getting depressed and spiraling downwards mentally and physically.

My parents have lived on Fort Myers Beach for 30-plus years and for the past 20 years they have led the St. Patrick's Day parade that my brother Ray was in charge of. Just recently my father was asked to be the Grand Marshall at the annual Christmas Boat Parade on the island. He agreed to do so and he and three of my brothers were in the lead boat. I was so happy Dad participated and had a fun evening out. Here is a link to the article that appeared in the Fort Myers Beach News about the award winning boat parade and why they chose my father to be Grand Marshall:



https://fortmyersbeach.news/31st-christmas-boat-parade-december-7th/

My Dad and three brothers enjoying the Christmas Boat Parade in Fort Myers Beach.

I wish all of you and your families and friends a wonderful holiday season and a fabulous finish to 2019!

Peggy Reinhold, AIP-TW President

HOLIDAY LUNCHEON IS SATURDAY, DEC. 14 AT PALMER CLUBHOUSE



Members and their guests are invited to celebrate the holiday season at our December luncheon in the Woodlands Country Club's Palmer Clubhouse in Cochran's Crossing, 100 Grand Fairway Drive, on Dec. 14, 11:30 a.m.

Please select a menu option from the choices below and make your reservation no later than Dec. 11 by calling 281-845-4441 or email <u>aiptwtx@gmail.com</u>. The cost is \$20 per

person and includes tea, coffee, or other non-alcoholic beverage, tax and gratuity. Bar drinks extra. Menu choices are as follows: 1) Turkey bacon club wrap 2) Chicken Caesar salad, 3) Crispy chicken burger with provolone cheese and honey mustard 4) Reuben sandwich, 5) Avocado toast with tomato and fried egg.

Checks are payable to Sharon Heuer at the luncheon. Many thanks to Sharon for hosting this special event.

Dress is casual and rides will be provided for those who need them.

MARK YOUR CALENDARS FOR CHRISTMAS MUSICAL ON SUNDAY, DEC. 22

Theater buffs are invited to bring your friends and neighbors to enjoy an afternoon of



musical theater right here in The Woodlands on Sunday, Dec. 22 at 2:30 p.m. "A Christmas Story: The Musical" will be presented by acclaimed Class Act Productions at Stonebridge Church, 1 Stonebridge Drive, The Woodlands, 77382.

Set in the 1940s, a decade some of us remember, it is a holiday classic that follows

the story of 9-year-old Ralphie Parker who has his heart set on receiving a Red Ryder BB gun for Christmas despite his parents' misgivings over fear that it could cause an accident. Nostalgia and light-hearted entertainment will ramp up your Christmas spirit.

Peggy Reinhold, our president, is organizing the event so call or email her for reservations or more information. Phone: 281-845-4441. Email: <u>aiptwtx@gmail.com</u>. Tickets are \$15 each. Rides will be provided for those who need them.

UPCOMING EVENTS

December 14, Saturday, 11:30 a.m. is our annual holiday luncheon at The Woodlands Country Club Palmer Clubhouse. See details above.

December 16, Monday, 8 a.m. – 4 p.m. Academy of Lifelong Learning spring semester registration Lone Star College Montgomery campus, Building E, Room 204.

December 21 & 28, 8 a.m. – noon, The Woodlands Farmers Market at Grogan's Mill Village shopping center. A Saturday morning stroll through the Farmers Market is a great de-stressor during the holidays. Personally, we can't make it past Angela's Oven without bagging a cinnamon roll or fresh loaf of bread after browsing and shopping for artisanal crafts, homemade foods and fresh produce.

December 22, Sunday, 2:30 p.m. members and guests are invited to join President Peggy Reinhold and her husband, Herb, for an afternoon of musical theater. See details above.

January 10, Thursday, 1 p.m. – 3 p.m. The Academy of Lifelong Learning (ALL) Lone Star College Montgomery open house at Lone Star System Office STAR building, 5000 Research Forest Drive. You may register during the open house, or earlier on Monday, December 16 from 8 am to 4 pm in Building E, Room 204. Online registration is also available. For details, visit the website www.lonestar.edu/all-montgomery.htm.

January 13, Monday, 5 p.m., Board of Directors meeting. Members are welcome to attend quarterly board meetings to learn more about how our all-volunteer organization operates. For more information, call 281-845-4441 or email <u>aiptwtx@gmail.com</u>.

OUR THANKS TO ANONYMOUS DONORS

Five members have recently made anonymous donations for which we are extremely grateful. Our annual expenditures include insurance, Club Express software, printing brochures, membership in the national Village to Village Network to name just a few of our operating expenses. Donations like these help us keep our membership fee as low as possible.

ON A PERSONAL NOTE

AIP-TW would like to help members and volunteers share important events in your life or address your questions and concerns in our newsletter. You may include photos of a wedding anniversary, landmark birthday celebration, vacation or other activity in which you are involved. Please send anything you would like to share to aiptwtx.org. Type NEWSLETTER in the subject line. Or call our virtual office at 281-845-4441 and talk to a volunteer who will pass information on to the newsletter editor.

CARINGBRIDGE, A RESOURCE YOU MAY FIND USEFUL

CaringBridge is an online portal where you can set up a free website to share health updates, photos and videos to keep your family and friend informed and rally their support when you need it. Check it out at caringbridge.org.

MAY YOUR HOLIDAY SEASON BE DECORATED WITH LOVE AND HAPPINESS





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