



Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.

NEWSLETTER

JUNE 2020

PRESIDENT'S POST



While everyone has been tucked away in their homes, AIP-TW volunteers and board of directors have been busy doing what they can from a distance. Our drivers have missed taking our riders to and from appointments and shopping as well as the interesting stories shared along the routes. I'm quite sure we all miss our social outings which have been a huge success at AIP-TW. As much as I love my dear husband, I sure would enjoy sitting at a table with some of you while enjoying a meal and lively conversation.

Some behind the scenes work at AIP-TW has been administrative. Like many of you who have taken this time sequestered at home to clean out closets and cabinets some of our volunteers like Vice President Pat Lyons and volunteer Margo Pearson have been organizing files, creating documents, and

streamlining processes.

Our Call Managers: Beth Kulkarni, Ken Dorland, Erika Pratt, Margo Pearson, Pat Goodpastor, and Herb Reinhold have been periodically calling members to check in on them to ask if they need anything. They have also been reaching out to small groups of members using Zoom to socialize and catch up.

Something else has been brewing behind the scenes at AIP-TW. With more businesses and healthcare facilities starting to reopen serving larger capacities of people, the board

of directors has been discussing whether to restart our rideshare program. After many discussions and a survey of our drivers we have decided to restart the rideshare program in a limited fashion. We understand the COVID virus is still in the community and we are acutely aware that all of our members and volunteers are over the age of 60, which puts them in a high risk category. We also know that Zoom is helpful for some virtual healthcare appointments, but it doesn't work in all situations. Therefore, our volunteer drivers will take our riders to necessary medical appointments only. We will not be driving folks to the grocery stores, salons, or the mall. All drivers and riders will receive a waiver they must read and sign before rides can be arranged. They will also be provided a list of guidelines they must adhere to such as a temperature check before the ride, hand sanitizing before/after entry to the car, a face mask worn at all times. Passengers will sit in the rear seat of the car, and participants must notify our office if they develop any signs/symptoms of the COVID virus at any time.

We understand that because of the COVID risk you may not be comfortable riding with our volunteers. You should discuss this with your family members. However, if your family members have gone back to work, and you were wondering how you can get safely to a doctor's appointment we are here to help.

As many of you know, I am a nurse and I work in one of the hospitals in The Woodlands. I can say that all the hospitals are taking extreme measures to keep their environments clean and safe. Staff and visitors practice social distancing and the number of visitors is limited. Our clinics practice the same techniques and I would imagine most others in the community do as well.

In the near future our riders and drivers will receive the waiver and guidelines in the mail with an enclosed self-addressed and stamped envelope which should be used to mail the waiver to our P.O. Box. No rides will be provided without the signed waiver in our records. We will restart our limited rideshare program on July 6.

We are pleased to be able to start helping our members, albeit in a cautious manner. If you have any questions about our rideshare program or anything else please do not hesitate to reach out to me at 281-845-4441.

Peggy Reinhold
President, AIP-TW

SIP AND SOCIALIZE DURING ZOOM HAPPY HOUR ON JUNE 17 AT 5 p.m.



#136959995

Whether it is a late afternoon cup of tea, your favorite cocktail or glass of wine, enjoy it in the relaxed company of old friends and new in your own Zoom room at home during our virtual happy hour. Peggy Reinhold, our president, will host it for members and guests from 5 p.m. to 6:30 p.m. on Wednesday, June 17.

Please R.S.V.P. no later than Tuesday, June 16, by calling 281-845-4441 or email aiptwtx@gmail.com. A call manager will email you the Zoom link and instructions on how to get into the happy hour.

You can access Zoom on your laptop, desktop, iPad or even a smartphone. If you are new to Zoom and need help on how to join the happy hour, one of our tech-savvy volunteers can walk you through the process. Just tell the volunteer who answers your call or email that you need assistance.

BOARD OF DIRECTORS SEEKS TO FILL OPENINGS



Several directors serving on our administrative board have been offering their energy and expertise to Aging in Place - The Woodlands since its pre-launch planning phase in 2015. Their terms will expire this August.

Directors on corporate boards normally serve 3- to 6-year terms. Successful corporations encourage a certain amount of board turnover to bring fresh ideas and new perspective to organizational management. We strive to do the same. **Our friendly board welcomes you to the table if you have had previous leadership experience**

in a service-oriented volunteer organization, preferably with a non-profit.

We invite you to call 281-845-4441 or email aiptwtx@gmail.com so we can connect you with a board members who will be happy to discuss with you the duties and commitment expected of board members. We look forward to welcoming you aboard.

BOOK-FOCUSED ZOOM SOCIAL LAUNCHING IN JULY

Have you ever read a book that was so entertaining or informative that you couldn't wait to discuss it with someone? Have you wished you could lend a book to someone with similar interests? Our newly forming Book Buddies is envisioned by former board member and lifelong reader **Helen Bostock** to make both of those things easier to accomplish. Helen will host a virtual organizational



meeting at a date to be announced during the Zoom Happy Hour on June 17 (see above) and in the July newsletter.

The Book Buddies social will begin with a get-acquainted chat during which members can talk about the kinds of books they read or a book they would like to share. It will be followed by a brief discussion of ***Extra Time: Ten Lessons for an Ageing World*** by Camilla Cavendish, a book already available from our lending library for you to read and pass along to someone else. Details on how we will handle book exchanges will be ironed out in the July Zoom meeting or supplementary emails or texting.

Cavendish is concerned that increased longevity is being wasted. She cites statistics on the aging of the world's population and discusses how other countries help older citizens stay healthy, productive, and useful during the extra years most of us will live compared to previous generations. She mentions Beacon Hill Village in Boston, Massachusetts, the model for aging in place programs like ours. Some of the social interactive programs in Japan and the Netherlands might be ones AIP-TW should consider implementing. This is a book for us and our times.

WOODLANDS CREATIVE COMMUNITY SPRINGS TO LIFE DURING PANDEMIC



If you hike, bike, or simply stroll around your neighborhood these days, you are likely to see something to lift your spirits. Painted stones with messages of love and hope are sprinkled along

pathways. Whimsical fairy tale villages and a giant butterfly are among displays of creativity.

*Batik
Butterfly
photo by
Ken Means*

*Blue Dog
rock art
photo by
Helen
Bostock*



It's tough to make predictions, especially about the future. Yogi Berra



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Proud Member of
the Village to Village
Network**

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