



***Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.***



## **PRESIDENT'S POST**



I hope all the mothers, grandmothers, and aunts had a lovely Mother's Day. With so many of you vaccinated now you may have comfortably gotten together with family members for the special day. I was happy to celebrate the occasion with our son, his fiancée, and her parents. It is a small step towards normalcy and I'm happy to take it.

Speaking of normalcy, we are now providing our members rides to wherever they need to go in The Woodlands. We will send our drivers and riders a document outlining the process for securing and delivering a ride. After more than a year of having our rideshare program on hold we could all use a refresher on the procedures. Additionally, we will maintain the safety protocols already in place during the rides.

In addition to providing rides, our volunteers will also help members with small home repairs and assistance with computers, phones, and other electronic devices. Please contact our Call Managers at 281-845-4441 or [aipwtw@gmail.com](mailto:aipwtw@gmail.com) to request rides and other services. We are happy to help you!

Recently, the Board of Directors (BOD) enlisted the help of one of our volunteers to do an analysis of our organization. We have been operating for close to 5 years, so it is a good time to analyze what is working well, what could be improved upon and how we want to proceed in the next 5 years.

The BOD and committee members will be meeting more frequently during the remainder of this year to plan our course. We gladly welcome input from our members

regarding what they like and what could make the organization better. Please give us a call or send us an email.

Finally, I hope you can join us for our upcoming Zoom social on May 19 at 7 p.m. My nephew Captain Nick Reinhold will regale us with his tales of sailing on the high seas. And yes, pirates and the pandemic are part of the excitement!

Best wishes,

*Peggy*

Peggy Reinhold

## **MAY SOCIAL: A SEA CAPTAIN SHARES HIS WORLDWIDE ADVENTURES**



All aboard! Set your sails for an exciting adventure at sea when you **join our Zoom social on Wednesday, May 19 at 7 p.m.** Do you recall the eerie feelings of isolation when we went into lockdown in the early days of the Covid-19 pandemic? Now try to imagine how **Captain Nick Reinhold**, nephew of Herb and Peggy Reinhold, felt when he could not come ashore on his sailboat for provisions or fuel while off the coast of Djibouti. Nick was moving the boat from Thailand to Greece and every country was closed down due to the pandemic. Find out how Nick barely made it back to the U.S and other incredible sea stories when you join our Zoom social on May 19 at 7 p.m.

Nick started sailing when he was 6 years old on the Chesapeake Bay. His innate passion for sailing motivated him to become a professional sailboat captain now based out of Annapolis, MD. He specializes in moving sailboats from point A to B for their owners. Nick captains boats from 20- to 120-feet in many areas of the world including the Indian Ocean, the North and South Atlantic, the Caribbean and all along the East Coast of the U.S.

At 22 years of age Nick's can-do attitude and broad skills set have propelled him to great achievements as a sea captain.

<https://zoom.us/j/8223907298?pwd=MXJrdTRJNFA1TDNCaTZWOGdZYU5Hdz09>

**Meeting ID: 822 390 7298 Passcode: 999777**

To use your phone to participate in the social, dial 1-346-248-7799. When prompted, enter the meeting ID number: **822 390 7298**, followed by #. When asked for the participant code, just press #. Finally, when prompted, enter the passcode **999777** followed by #. If you have any questions, email [aiptwtx@gmail.com](mailto:aiptwtx@gmail.com) or talk to one of our volunteers at 281-845-4441.

## OUR THINKING CAPS GOT A WORKOUT DURING APRIL SOCIAL

While his parents, **Herb and Peggy Reinhold**, watched proudly via Zoom from their perch on The Woodlands waterway, their son **Ted** entertained us from Alexandria, Va., with a recap of what it was like to be a contestant on the popular gameshow Jeopardy! During April's online social we watched in awe of his ability to interpret clues and search his memory for the correct answer. His get-rich-quick fantasy was cut short by fellow contestant Buzzy Cohen, one of the top Jeopardy! players of all time.

Ted said he didn't grow up wanting to be a Jeopardy! contestant but he did compete in regional National Geographic Bee Finals and won the regionals twice. He assured us that although he didn't become rich and famous, being a Jeopardy! contestant was a never-to-be-forgotten thrill of a lifetime.

Most of the Zoom audience was clueless when he challenged us to come up with answers to some of the clues he faced on the show. Another challenge Ted, then a 20-something starting a career, faced was trying to come up with 40 interesting facts about himself. With many years and life experiences behind us, we might have bested him on that point.

If you think your memory muscle might have atrophied over the years or your thinking cap has holes in it, test yourself with the Jeopardy! Anytime Test: <https://www.jeopardy.com/be-on-j/anytime-test>. You might also have fun perusing the Jeopardy! archives: <https://j-archive.com>.

## DO'S AND DON'T'S FOR KEEPING COVID-19 VACCINATION CARDS SAFE

The Covid-19 vaccination card you received is an important document that will be required if you eventually need a booster shot. It might also be required when traveling, attending in-person classes, participating in certain activities, or attending large events.

Dr. Wesley Long, director of diagnostic microbiology at Houston Methodist, offers the following tips on what you should and should not do with it:

- **Don't laminate it** as that will make it more difficult if it needs to be updated. Instead, place it in a water-tight sheet protector if you wish to carry it with you.
- **Do take a photo of the front and back.** Save digital copies to your phone and personal cloud storage. Then store your original somewhere safe.
- **Don't post a photo of your vaccination card on social media.** Your personal information is on the card and linking that information to your social media profile could lead to identity theft. Instead, snap a selfie of your arm and Band-Aid after your shot and share that.

## **SOUTH REGIONAL LIBRARY VIRTUAL TALK ON DEMENTIA AND CAREGIVING**

**Myth and Facts About Dementia and Caregiving: Wednesday, May 26, at 1:00 p.m. To register call the library at 936-442-7727.**

Dementia is not inevitable, but it becomes more likely as we age. After age 65, the risk of dementia doubles every three years, and one in three people over the age of 85 will develop some form of dementia. Caregiving for those with dementia is a challenge in itself, particularly since it is a progressive disorder.

Join us as Dr. Peggy Determeyer discusses different types of dementia and some background for prospective and actual caregivers. She will also share some resources that may be helpful.

## **ZOOM IN TO HEAR LOCAL LEADERS IN GOVERNMENT, BUSINESS, ETC.**

Would you like to know what makes The Woodlands an exceptional place to live? TownshipFuture has launched a series of online Zoom meetings designed to keep our hometown one of the best places to live, work, pray and play. Speaker presentations take place the first Tuesday of each month from 7:00 p.m. to 7:45 p.m. For more information on TownshipFuture and how to register for the Zoom meetings, visit [townshipfuture.org](http://townshipfuture.org) or email [info@townshipfuture.org](mailto:info@townshipfuture.org). **The next presentation is on June 1, and the topic is The Woodlands Township Government Structure – A Success Story.** Subsequent first Tuesday topics for the 2021 Speaker Series include the role of business, healthcare, education, nonprofits, and law enforcement in The Woodlands Township.

## **NEWS FROM THE VILLAGE-TO-VILLAGE NETWORK**

**Vitality Society™ and Village-to-Village Network Summer School Series Countdown – Come Ready to Learn and Have a Great Time!**

The V-t-V Network is collaborating with Vitality Society, a leading online community offering empowering, engaging, and exciting experiences for people 60 and better to keep them at their physical and mental best.

Click here <http://bit.ly/vsvtvsummer> (you may have to copy and paste the web address in your browser) to get your complimentary week of classes to discover why Vitality Society has been referred to as “a portal of community and opportunity.” Classes will be live on Zoom on Sundays in June, July, and August at 8 p.m. local time. All are invited to participate complimentary.



Essential to building and sustaining thriving Villages

**Our Village is a  
Proud Member of  
the Village to Village  
Network**

Visit us on Facebook at <http://www.facebook.com/groups/aipw> or visit our website:  
<https://aipwtx.clubexpress.com>.