

# Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.

NEWSLETTER JUNE 2021

#### PRESIDENT'S POST



As I mentioned in our last newsletter the Board of Directors (BOD) is reviewing our mission, vision, and goals as we venture into the next phase of our organization. Please enjoy reading the section below that describes the history of AIP-TW. Building on such an outstanding foundation we are excited about the future. We invite you to join us virtually and share your thoughts at our next BOD meeting on Monday, July 12 at 5 p.m.

If you have not attended our last two Zoom socials you missed out on very interesting presentations from young and talented individuals. However, at our Zoom social on June 30 you will have another enjoyable opportunity when you learn

about an amazing female pilot who flies small planes to remote areas of Canada. You will hear flying tales I am quite sure you have never heard before. Please join us! Log in information for both events is in articles below.

Finally, I want to wish all the fathers, grandfathers, and uncles a Happy Father's Day!





Your role in our children's development is extremely important. As you can see in the photos above, I recently had the opportunity to finally visit my father in Florida and my father-in-law in Maryland. I respect and love these two men tremendously.

Happy summer everyone!

Peggy Reinhold

# JOIN US ON WEDNESDAY, JUNE 30, 7 P.M. FOR A UNIQUE STORY FEATURING A FEMALE PILOT IN A REMOTE PART OF QUEBEC, CANADA



The COVID-19 pandemic stalled air travel for most people, but if you lived in Nunavik in the northern part of the province of Quebec, Canada air travel did not cease. That is because there are no roads connecting the region to the southern parts of the province. Air transport is the only way for locals to get to medical appointments or obtain goods and foods.

Air Inuit is an airline based out of Montreal

and serves as a lifeline for the indigenous people in Northern Canada. Peggy Reinhold's first cousin once-removed, **Melissa Haney** is a pilot for Air Inuit and notably its first female pilot to reach the rank of captain. Melissa flies a Dash 8 Combi-300 which is designed to take off and land on short runways while carrying up to 4,000 pounds of cargo and 45 passengers.

Growing up in Nunavik, Melissa experienced aviation as a normal mode of transportation yet never dreamed she would one day become a pilot. However, like many young college students she wasn't sure where her studies would lead her, but when an opportunity arose and with an open mind Melissa studied and trained to be a flight attendant on Air Inuit.

From her first solo experience as a flight attendant on September 11, 2001 ("9/11"), to becoming an accomplished pilot and being honored on the tenth "Canadian 99s" commemorative aviation stamp, Melissa has quite an impressive resume. Her dedication and sense of purpose have enabled her to excel as a pilot, but also as an incredible role model for the indigenous people of northern Canada and young girls.

Please join us for our Zoom social on June 30 at 7 p.m. when Melissa will share fascinating stories of her life as a pilot, wife, and mother. To log in click on the following link or enter the meeting ID and passcode:

https://zoom.us/j/8223907298?pwd=MXJrdTRJNFA1TDNCaTZWOGdZYU5Hdz09

Meeting ID: 822 390 7298 Passcode: 999777.

To use your phone to participate dial 1-346-248-7799. When prompted, enter the meeting ID number: **822 390 7298**, followed by #. When asked for the participant code, just press #. Finally, when prompted, enter the passcode **999777** followed by #. If you have any questions, email <a href="mailto:aiptwtx@gmail.com">aiptwtx@gmail.com</a> or talk to one of our volunteers at 281-845-4441.

#### NICK'S CRAZY COVID TRIP HAD US ON THE EDGE OF OUR SEATS

Taking a cruise aboard a private yacht from one exotic location to another sounds like a dream vacation. It didn't turn out quite that way for Nick Reinhold who shared his suspense-filled adventure with us via Zoom last month. The 22-year-old yacht master, nephew of Herb and Peggy Reinhold, captained a 43-foot ocean going sailboat from the island resort of Phuket, Thailand, destined for Greece.

Rumors of a dangerous virus were already circulating when he left his home in Maryland in early winter 2020. His route took him, the owner and the owner's wife, through one of the heaviest traveled shipping lanes between Asia and Europe and the pirate infested Gulf of Aden. Their vessel had to maneuver around giant cargo and container ships as well as small fishing dhows and pleasure craft. By the time they reached Djibouti on the Horn of Africa they were low on food and water and their main engine was out with no spare parts on board. Djibouti had closed its boarders because of the Covid-19 pandemic. "I was locked out of every country in the world," Nick said, recalling the predicament he was in. One night in the Gulf of Aden, a dangerous place for cruising yachts, they were followed by a suspicious vessel and had to turn off their lights to keep from being accosted by what was undoubtedly a pirate ship.

On another occasion, Nick risked his life to free them from a mile-long fishing net that got wrapped around the keel when the owner, an inexperienced yachtsman, was at the helm. He dived under the boat where he could have been entangled in the net or knocked unconscious by the boat rocking above him.

Luckily, his parents had given him a satellite messenger device for Christmas a month before he left for Thailand. "It saved my life," he says with gratitude to his parents. He

was able to use it to communicate with his dad back in Maryland who contacted the American Embassy in Djibouti. He was literally smuggled out of the country on a rescue flight organized by the embassy. The U.S. ambassador personally escorted him through customs.

Those who watched Nick recount his adventure were impressed by his calm, mature judgment as he faced on crisis after another. His dad, who sailed with him vicariously through the satellite messenger, says the trip turned his hair gray. Please stay safe Nick. Don't turn your dad's hair prematurely white during your next escapade.

We want to thank Herb and Peggy for sharing their family stories. If you or someone in your circle of family and friends would like to entertain us with a Zoom presentation, please contact our virtual office at 281-845-4441 or email <a href="mailto:aiptwtx@gmail.com">aiptwtx@gmail.com</a>.

# **QUARTERLY BOARD MEETING MONDAY, JULY 12, 5 P.M. VIA ZOOM**

Board meetings are open to members and volunteers. We especially welcome your input at the next board meeting on July 12 when we will be discussing best practices for future growth and sustainability. To log in for the July 12 meeting click on the following link or enter the meeting ID and passcode:

https://zoom.us/i/8223907298?pwd=MXJrdTRJNFA1TDNCaTZWOGdZYU5Hdz09

## Meeting ID: 822 390 7298 Passcode: 999777.

To use your phone to participate dial 1-346-248-7799. When prompted, enter the meeting ID number: **822 390 7298**, followed by #. When asked for the participant code, just press #. Finally, when prompted, enter the passcode **999777** followed by #. If you have any questions, email <a href="mailto:aiptwtx@gmail.com">aiptwtx@gmail.com</a> or talk to one of our volunteers at 281-845-4441.

### A BRIEF HISTORY AS BOARD CHARTS COURSE GOING FORWARD

After almost five years of operation, the Board of Directors is reviewing our mission and goals as well as strategies to meet the challenges and opportunities of the next 3-5 years. Our sustainability rests upon good governance and fiscal responsibility.

The board is taking a look at our founding documents and principles to update and reimagine them for future growth. Maintaining a dynamic, viable, self-governing, self-supporting service organization requires fresh ideas and perspectives.

Studies show that the majority of adults prefer to remain in their homes and neighborhoods as they age. This is particularly true in light of the Covid-pandemic that exposed vulnerabilities in institutional environments such as managed care facilities.

The purpose of Aging in Place – The Woodlands community is to provide a social support network of neighbor helping neighbor so that people can remain in their homes with a spirit of independence and a meaningful and happy lifestyle as they grow older.

Instead of depending on families, who often do not live nearby, or government, members and volunteers help each other to keep mundane tasks manageable and be socially engaged.

Before launching in 2016, a steering committee of dedicated volunteers under the guidance of co-founders **Bruce Cunningham** and **Ken Dorland** spent several months preparing for a successful rollout. The committee examined local demographics to determine whether the need existed for a local organization modeled after Beacon Hill Village in Boston, MA. The committee concluded there was a definite niche for a grassroots organization in which older adults could rely on one another to stay active, independent, and fulfilled as they age in their own homes and neighborhoods. After a survey of potential members, strategies were developed to move forward. These included drafting a mission statement, administrative procedures, business plan with budget projections, and marketing plan.

We obtained a 501 (c) (3) tax exempt status, researched insurance providers and purchased an insurance policy, set up procedures to recruit and train volunteers, established a virtual office using the Club Express system, acquired a post office box, defined parameters for member services, addressed related operational procedures, and affiliated with the national Village to Village Network in which member organizations share best practice.



Our Village is a Proud Member of the Village to Village Network

Visit us on Facebook at http://www.facebook.com/groups/aiptw or visit our website: https://aiptwtx.clubexpress.com.