



***Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.***

## **NEWSLETTER**

**JULY 2021**

### **PRESIDENT'S POST**

I hope everyone is enjoying the summer thus far! My husband, Herb, and I joined 20 other members of the Reinhold family for a vacation on the Outer Banks in North Carolina. We had a great time catching up, laughing and enjoying the beautiful beach.

The day after our return to The Woodlands the AIP-TW Board of Directors held its quarterly meeting. It was a productive meeting as we continue to chart our future. We also voted unanimously to add AIP-TW volunteer Robyn West to our board.



Robyn has lived in The Woodlands with her husband, Richard, for over 30 years. She is a neighbor and dear friend of Ken Dorland, the founder of our successful rideshare program. Robyn has extensive executive experience and is a past volunteer and president of CASA Child Advocates of Montgomery County. She has a delightful personality and can-do attitude. We are thrilled to have her serving on our board. Welcome Robyn!

We are taking a summer break from our monthly social activities, but we are looking forward to restarting them in September. As of this time, we are not sure about gathering in person at indoor venues. We are keeping a close eye on the various covid variants that appear to be on the rise. We will keep you posted. In the meantime, I hope you are able to get together with family and friends and enjoy each other's company. Stay well!

Peggy Reinhold  
AIP-TW President

## **ON A WARM JUNE EVENING SOME OF US WERE SWEEP AWAY TO A REFRESHINGLY COLD CLIMATE DURING A VIRTUAL HAPPY HOUR**

Worldwide only five percent of commercial pilots are women and one of them happens to be Melissa Haney, Peggy Reinhold's relative. By the time she finished recounting how she became the first female pilot for Air Inuit, some of us were ready to head to Montreal and book a flight to far northern Canada with her at the controls. With a broad smile, deep dimples, and a charisma that comes through even on a Zoom chat, who better to introduce us to Inuit culture in the land of polar bears, ice flows and snowy mountains...and, yes, short runways?

Melissa flies a Dash 8 Combi-300 which is designed to take off and land on short



runways while carrying up to 4,000 pounds of cargo and 45 passengers. She is spending the summer in Miami training to become a Boeing 737 pilot as Air Inuit's demand for cargo and passenger flights is rapidly increasing.

Airplanes were an ordinary means of transportation in remote northern Quebec where Melissa grew up. Based in Montreal, Air Inuit serves as a lifeline for the

indigenous people in Northern Canada.

Melissa was a 19-year-old college student when an opportunity arose for her to become a flight attendant with the airline. She soon decided she wanted to be in the cockpit. In 2017, Canadian Ninety-Nine, an affiliate of the 99s, an international organization of women pilots, released a postage stamp in commemoration of her promotion to captain, the first woman to achieve that status. Her dedication and sense of purpose have enabled her to excel as a pilot, but also as an incredible role model for the indigenous people of northern Canada.

She is married to Pierre-Olivier, also an Air Inuit captain, and they have two children. Her young daughter wants to be a pilot like her parents and her son sees himself as an astronaut journeying into space. Melissa would be delighted if that is what the future holds for them. The sky is not the limit for Melissa and her family; it is far-flung horizons and stellar careers.

## **ACADEMY OF LIFELONG LEARNING OFFERS FALL CLASSES ONLINE**

Lone Star College's Academy of Lifelong Learning (ALL) offers a variety of courses designed to enrich the lives of older adults. A number of the classes are educational seminars specifically addressing the issues of aging such as Medicare Essentials, End of Life Planning: Hospice Care, Understanding Alzheimer's and Dementia, and Living in the Slow Lane.

Other courses are offered in such areas as computer technology, hobbies and recreation, food and cooking, arts and crafts, genealogy, and history. The membership fee to join the ALL community is \$25. It includes access to courses offered through all Lone Star College campuses.

**ALL will hold a virtual open house on Tuesday, August 17, 1 p.m. to 2 p.m. For more information, email Kathy Bakat at [Kathleen.Bakat@LoneStar.edu](mailto:Kathleen.Bakat@LoneStar.edu), or call her at 281-312-1756.** If you need more information regarding a class, contact Steve Gorman, the ALL program director at Lone Star College Montgomery, located on state highway 242 near The Woodlands. He can be reached at 936-273-7259 or email [Steven.Gorman@LoneStar.edu](mailto:Steven.Gorman@LoneStar.edu).

### **FREE ONLINE TUTORIALS ON USING SMARTPHONES AND TABLETS**

**Generations on Line** ([generationsonline.org/apps](http://generationsonline.org/apps)) has created an online curriculum for smartphones and tablets and new tutorials on videoconferencing and telehealth, as well as a “family coaching kit” to help older adults with technology. All are free and available to people across the country.

Older adults using digital devices for the first time can call 844-217-3057 and be coached over the phone until they are comfortable pursuing online training.

There are a number of other options as well - see the Washington Post article at: [Calming computer jitters: Help for the elderly who aren't tech-savvy - The Washington Post.](#)

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