

Building a caring community for residents who want to remain in their homes safely and affordably while maintaining a meaningful lifestyle.

NEWSLETTER

NOVEMBER 2021

PRESIDENT'S POST



We are transitioning to the beautiful fall/winter weather we so cherish in Texas. Cooler temperatures, low humidity, and a touch of fall colors sprinkled amongst the trees along with the anticipation of the upcoming holidays is surely uplifting.

At AIP-TW we are also experiencing some changes and transitioning. At our annual meeting on November 8, 2021 I officially announced I am stepping down from my position as President of AIP-TW. I will remain on the board and serve as past president.

I joined AIP-TW in 2017 after reading about the organization whose mission was to build a caring community for those in The Woodlands who wanted to age in place. I have always

had a strong affinity for senior adults and I support the idea of aging in place, so AIP-TW seemed like an organization I would enjoy being a part of.

I started as a volunteer driver and within a year took on roles of vice president and president. It has been a true pleasure working with our board members and volunteers. They are very dedicated, competent and caring.

I have also loved getting to know our members while driving them and at our socials. They have led interesting lives and continue to do so. I appreciate their trust and support of our organization and I am happy that I have been able to play a small role in their ability to remain in their homes and stay engaged in the community.

I am thrilled to welcome Robyn West as the new president of AIP-TW. Robyn is extremely qualified to serve as president and she has a heart of gold. Robyn and I have been meeting regularly to plan the transition and she has been formulating her ideas and vision for AIP-TW. I am very confident that Robyn, the board of directors, and

volunteers will continue to grow the organization and serve our membership effectively and compassionately.

You will learn more about Robyn in the December newsletter, so be sure to read that edition. Welcome aboard Robyn.

Stay healthy and well everyone!

Best wishes,

Peggy Reinhold

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NEWS FROM ANNUAL BOARD OF DIRECTORS MEETING



"Takin' Care of Business," a song popular in the heyday of many of us, could have been the soundtrack for AIP-TW's annual board meeting on November 8. By the time the meeting concluded, we had a new president, two new board members and three new committee chairs.

At the top of the agenda, Vice President **Patrick Lyons** presided over the unanimous election of **Robyn West** as president; **Wendy Lyons** as new board member and treasurer-elect; and **Bob Evans** as a new board member in charge of forming partnerships with local businesses and organizations. **Peggy Reinhold**, our

president for the past three years, stepped into the newly created board position of past-president. Herb Reinhold will turn over the treasurer's responsibilities to Wendy Lyons in January when his resignation is effective. Pat Goodpastor will remain on the board but will no longer chair the Membership Committee. Margo Pearson, a longtime volunteer, is the new membership chair. Peggy and Herb will continue to volunteer. Founding president and board member Bruce Cunningham will be in charge of social events. Tara Sapru will continue as board secretary. Founding board members Erika Pratt and Kitty Means will remain on the board.

Before the meeting adjourned, Peggy made some short valedictory remarks and Robyn outlined some of the challenges the organization faces in remaining a vital, growing nonprofit serving older residents of The Woodlands. Based on her vast experience in corporate and nonprofit leadership positions, she made a number of practical and creative suggestions for meeting those challenges and welcomed input from members and volunteers.

MEET NEW BOARD MEMBERS WENDY LYONS AND BOB EVANS

Wendy Lyons has lent her energy, administrative skills, and charisma as a volunteer in numerous organizations from school boards to the National Charity League and from a home owners association in Pennsylvania to Girl Scouts and a Newcomer's Club in Mexico City. She has volunteered at two horse ranches in Montgomery County that offer equine-assisted therapy for children and adults. Wendy joined AIP-TW as a member and volunteer driver. Her husband, Patrick, is vice president of the board of directors. She is a tennis player, gardener and loves to read. She has a Bachelor of Arts degree in urban studies from Lehigh University and a bachelor's degree in business management from Muhlenberg College. She has worked in finance, sales, and held other administrative positions.

Bob Evans was born and raised in Toronto, Canada. Now retired, he spent 37 years with Mobil and ExxonMobil in various technical and management positions in four countries. From 2007 to 2016 he volunteered with Montgomery County United Way, serving on the board as well as on various committees. His experiences with United Way agencies and people in need, combined with his love for children, led Bob and his wife, Pat, to volunteer at CASA Child Advocates of Montgomery County. He served on the CASA board for six years beginning in 2014. Having co-chaired a United Way committee on behavioral health needs in Montgomery County, Bob was awakened to the community's lack of resources and the complexities of treating behavioral health issues. This led him to volunteer at Mosaics of Mercy, an organization that helps families navigate mental health and addiction recovery, where he is board chair. The struggles of his aging in-laws over the past six years and their desire to remain in their home as well as renovations he and his wife made to their own home to enable them to age in place raised his awareness of the needs for those in similar situations and a desire to help them.

COMMUNITY CARE CORPS NO-COST VIRTUAL CONFERENCE

Our thanks to member **Helen Bostock** for calling attention to the national symposium: **Supporting Older Adults, Caregivers and People with Disabilities Through Innovative Volunteer Models.** Sponsored by Community Care Corps the conference will take place online on **Tuesday, Nov.16 from noon-2:30 p.m. (local time)**; **and on Wednesday, Nov.17, noon-2:45 p.m.** To view the full agenda and registration information see https://www.communitycarecorps.org/2021-symposium. (You may have to copy and paste this in your browser.)

Learn about innovative volunteer-based models for providing non-medical support to older adults, family caregivers and people with disabilities.

READY TO GET INTO THE CHRISTMAS SPIRIT?

There are many holiday markets around but for residents of The Woodlands none are easier to get to than the one at The Woodlands Waterway Marriott Hotel and Convention Center presented by the Junior League. Hours are **Friday and Saturday**, **Nov. 19 and 20 from 9 a.m. to 6 p.m.**; and **Sunday**, **Nov. 21 from 10 a.m. to 4 p.m.**

Treat yourself or a loved one to something special chosen from a variety of items, from flower arrangements to personalized gifts to holiday ornaments. You probably have enough photos of you and Santa, but if you would like to bring grandkids for a photo he will be there Saturday, Nov. 20 from 10 a.m. to 5 p.m.

Proceeds from the market are given back to the community through Junior League charities.

For more information about this event, please call 1-888-SHOP-4JL (1-888-746-7455). Or check the website: Jlthewoodlands.org/holiday-market.





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